

All-Island School Committee of the Martha's Vineyard Public Schools
Edgartown School Committee
Oak Bluffs School Committee
Tisbury School Committee
Martha's Vineyard Regional High School Committee
Up-Island Regional School Committee
7:00 PM, Monday, January 11, 2010
Martha's Vineyard Regional High School Library

Present: Up-Island Chair – Dan Cabot, Roxanne Ackerman,
Susan Parker, Marshall Segall
Oak Bluffs Melanie Marchand, Priscilla Sylvia,
Edgartown Les Baines, Susan Mercier, David Rossi,
Tisbury Robert Tankard, Maura Valley

Others:

Supt's Off. Supt. Jim Weiss, Asst. Supt. Laury Halt
Bus. Affairs-Amy Tierney, Student Support – Dan Seklecki

Press: Tom Mayhew – MVTV
Megan Dooley – Vineyard Gazette,

Recorder Marni Lipke

*Late arrival or early

departure

Body Mass Index Discussion and Policy - *Our School Nurses* (Agenda Item # II)

Supt. Weiss commended all the Martha's Vineyard Public School (MVPS) nurses for their excellent work coordinating and running the H1N1 clinics.

The nurses then spoke collaboratively on the new Body Mass Index (BMI) regulations. The State mandate was in response to a national epidemic of eating disorders among children: obesity, type 2 diabetes, anorexia and bulimia. Causes were conjectured to be – poverty, lack of exercise, sedentary technology, media, etc. This was the first generation not expected to outlive their parents. Despite some advantages, the Island obesity rate matched the 12% national average.

As children spent most of their time in school, schools had to part of the solution.

- MVPS progress was noted including:
 - Wellness policy,
 - fruit bowls and healthier vending machine foods,
 - removal and/or reduction of lunch/breakfast fast foods – French fries, hot dogs, cookies...
 - Island grown initiative,
 - nutrition classes.

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- Uniform MVPS BMI procedures would be implemented in Spring 2010.
- BMI would be checked in grades 1, 4, and 7 (sight and hearing were already routinely checked).
- In case of any abnormalities a confidential letter would be mailed home with resources and references (see documents on file).
- Follow up was on a case-by-case basis and took into account such misleading data as athletic skews.

The All Island School Committee (AISC) focused on parental notification issues.

- Complete confidentiality would be maintained.
- There was concern that the cover letter, report and referral material be easy to read and helpful. (Suggested edits should be sent to Ms. Linda Leonard.)
- The AISC discussed the Mass. State mandate for the assumption of parental acceptance, so that refusal of BMI monitoring required written notification. BMI Policy goals were:
 - prevention and screening,
 - awareness and education,
 - providing parents with resources.
- The AISC thanked the Nurses for all their hard work.

• THE OAK BLUFFS SCHOOL COMMITTEE (OBSC) WAS CALLED TO ORDER AT 8:09PM.

• *MELANIE MARCHAND MOVED THE FIRST READING OF THE MARTHA'S VINEYARD PUBLIC SCHOOLS BODY MASS INDEX (BMI) POLICY; PRISCILLA SYLVIA SECONDED; MOTION PASSED UNANIMOUSLY: 2 AYES, 0 NAYS, 0 ABSTENTIONS.*

• THE OBSC ADJOURNED BY CONSENSUS.

• THE TISBURY SCHOOL COMMITTEE (TSC) WAS CALLED TO ORDER.

• *MS. VALLEY MOVED THE FIRST READING OF THE MARTHA'S VINEYARD PUBLIC SCHOOLS BODY MASS INDEX (BMI) POLICY; MR. TANKARD SECONDED; MOTION PASSED UNANIMOUSLY: 2 AYES, 0 NAYS, 0 ABSTENTIONS.*

• THE TSCADJOURNED BY CONSENSUS.

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- THE EDGARTOWN SCHOOL COMMITTEE (ESC) WAS CALLED TO ORDER.
- *MR. DAVID ROSSI MOVED THE FIRST READING OF THE MARTHA'S VINEYARD PUBLIC SCHOOLS BODY MASS INDEX (BMI) POLICY; MR. LES BYNES SECONDED; MOTION PASSED UNANIMOUSLY: 3 AYES, 0 NAYS, 0 ABSTENTIONS.*
- THE OBSC ADJOURNED BY CONSENSUS.

- THE UP ISLAND REGIONAL SCHOOL COMMITTEE (UIRSC) WAS CALLED TO ORDER.
- *SUSAN PARKER MOVED THE FIRST READING OF THE MARTHA'S VINEYARD PUBLIC SCHOOLS BODY MASS INDEX (BMI) POLICY; DAN CABOT SECONDED; MOTION PASSED UNANIMOUSLY: 4 AYES, 0 NAYS, 0 ABSTENTIONS.*
- THE UIRSC ADJOURNED BY CONSENSUS.

- THE MARTHA'S VINEYARD REGIONAL HIGH SCHOOL COMMITTEE (MVRHSC) WAS CALLED TO ORDER.
- *MR. ROBERT TANKARD MOVED THE FIRST READING OF THE MARTHA'S VINEYARD PUBLIC SCHOOLS BODY MASS INDEX (BMI) POLICY; MS. MAURA VALLEY SECONDED; MOTION PASSED UNANIMOUSLY: 7 AYES, 0 NAYS, 0 ABSTENTIONS.*
- THE MVRHSC ADJOURNED BY CONSENSUS AT 8:11PM.

Documents on File:

- Agenda 1/11/10
- Sign In Sheet 1/11/10
- Body Mass Index (BMI) Policy

Approved as written 3/11/10.